



# BRITISH JUDO ASSOCIATION NEWSLETTER

## MAY 2003

Once again I will endeavour to give you some account of the latest news on behalf of the Chairman, Mr Densign White, who has been travelling extensively throughout Europe on your behalf as one of the Sporting Directors on the EJU Directing Committee.

This continues to be an exciting time for British Judo with a wide-ranging agenda to modernise and change our Association to become truly competitive with the "big boys" as we strive to move our sport forward.

We recently received the exceptional news that Sport England has given the go-ahead for our Pre-Start and Start plans and we will receive a funding package of almost £500,000 over a three year period to tackle this critical foundation for the High Performance Pyramid. We will be advertising for a Start Manager, Cadet Coaches, and Regional Co-ordinators in the coming weeks. We need to move swiftly on this one.

The recently completed British Open at Crystal Palace was a great success after a difficult start, with new technology ultimately proving to be slightly problematic. Once these initial bugs were worked through the systems functioned perfectly and there was a tremendous buzz in the Palace as many British Athletes brought home gold medals – especially on the Saturday. See full BO report in this newsletter.

You will note in this newsletter that we are planning to re-locate Head Office operations to Loughborough University and are in the process of obtaining leased space in a mini House of Sport with English Volleyball, Wheelchair Basketball, and possibly some units from cycling, swimming and rowing. The Membership Section will remain in the Leicester Offices for the short term so there will be no need to alter any communications arrangements at this point in time.

We have established a formal Complaints and Conduct Panel with six highly experienced individuals to ensure that all complaints or code of conduct violations are investigated and adjudicated in a timely fashion. This is a critically important group for any vibrant Governing Body and I am optimistic that this panel will serve the Association well.

We have initiated a comprehensive Long-Term Athlete Development Planning exercise and have enlisted the support of Dr Istvan Balyi – a world class expert in the field. This is progressing nicely and will form a cornerstone of our High Performance Directorate planning as we strive for greater success on the world stage.

After much belt-tightening and some strong stewardship by our Head of Corporate Affairs, Mr Donald Steel, it appears we will turn in a satisfactory financial performance for the year ending 31 March 2003. Hopefully we will show a surplus and make a contribution to our reserves but we are still a long way from the comfort zone in this regard. We are working on income generation strategies and have committed to the target of increasing our centrally generated yearly funds from £600,000 to £1,000,000 within four years, as outlined in our Chairman's recent article in the World of Judo Magazine. This is ambitious, but achievable and necessary to ensure the long-term viability of our Association.

I must emphasise again that this newsletter format is simply an interim measure while we create our formal communications strategy; which we hope will be largely web and email based and far more current and informational than any newsletter can hope to be. Please enjoy this newsletter and feel free to contact us if you have any suggestions for future communications planning.

Scott McCarthy  
Chief Executive

### BJA National Course for Coaches 2003

Once again Sedgely Park Police Training School in Manchester was the venue for the 6<sup>th</sup> National Coaching Course for Coaches on 2-4 May 2003. With the course booked to capacity, over 115 coaches of all levels and grades ranging from 4<sup>th</sup> Kyu's to 8<sup>th</sup> Dan's travelled from all over Great Britain to take part in the biggest and best course to date. The course got off to a bouncy start on Friday evening with a session on "Swiss Balls" with Niki Adams. Niki, former Pan American Judo Champion and Canadian Olympian, demonstrated many exercises to help build core strength, stability, co-ordination and balance.

Saturday saw the first sessions from our International Guest Coach Andrzej Sadej, Coaching Director for Canada. Andrzej, a European Medalist and former National Coach to Canada, began with a session on "Training to Train v Training to Win". This was later followed by a session on "Various Approaches to Teaching Technique". All the coaches agreed, Andrzej's sessions were excellent and informative and thoroughly enjoyed by all. Neil Adams MBE, BJA National Coach / Technical Advisor, captured the attention of all the coaches present with his enlightening session on "Gripping Skills". Clive Taylor, along with his impromptu Uke Dave Gillett, introduced the coaches to techniques from the Nage-No – Kata.

Coaches were later given the opportunity to demonstrate their Kata skills to pass the level of competency required to examine Kata in the new Kyu grade systems. This was conducted under the watchful eye of Clive and Les Davies, also a Kata Examiner. In a surprise announcement from Dermot Heslop, Chairman of the Promotions Commission, Dermot informed the coaches that anyone holding a Senior Club Coach Award would be automatically considered competent to examine the Kata requirements in the new Kyu grading scheme. Arthur Tompkinson, Vice President of the BJA, popped in to give his support to the course and cast a watchful eye over the proceedings. In the lecture theatre Steve Pullen MBE, BJA National Coach to the Visually Impaired Squad, was assisted in presenting a session on Judo for the disabled by Simon Jackson and Clare Lynch. Neil Adams MBE turned his skills away from the mat to the lecture theatre to give a presentation on "Video Analysis of Technique." Matt Clempner gave an informative presentation on "Race Relations" and Loren Bartley, the BJA Performance Manager, presented a lecture on "Performance Planning".

Saturday evening saw the coaches, presenters and guests come together for the banquet dinner. With Densign White abroad on EJU business, it was down to Scott McCarthy (Chief Executive) to make a short speech and a toast to the BJA. Chris Hunt, Director of the BJA and Chairman of the Coaching Commission, followed with an address to thank the Coaches and the Commission members and staff for all their hard work and support, and to announce that he would not be standing for re-election in the forthcoming election. Eddie Awford thanked Chris and Jo for their work and presented them with a gift from the Commission. As the dinner was taking place on Police premises, this was followed by the royal toast. The party continued late into the night and was kept rolling with an impromptu magic display from Marc Thompson!

The feedback received from the coaches attending the course has been great - we would like to thank you for your support. Looks like this year's course is going to be a hard act to follow!

Don't forget you can order your copy of the course video from "Fighting Films".

## European Championships

The Men's and Women's squads selected for the 2003 European Championships from 15-18 May in Germany were as follows:

### Men:

Craig Fallon	-60kg	2nd place
James Warren	-66kg	
Matthew Purssey	-73kg	
Euan Burton	-81kg	
Peter Cousins	-90kg	
Sam Delahay	-100kg	
Robert Stilwell	+100kg	
Robert Stilwell	Open	

### Women:

Donna Robertson	-48kg	
(replaced due to injury by Clare Lynch)		
Georgina Singleton	-52kg	3rd place
Sophie Cox	-57kg	3rd place
Karen Roberts	-63kg	5th place
Kate Howey	-70kg	
Rachel Wilding	-78kg	
Karina Bryant	+78kg	1st place
Simone Callender	Open	5th place

Some great performances saw the GB team finish 7<sup>th</sup> overall with 1 GOLD, 1 SILVER, and 2 BRONZE Medals. These outstanding performances were put in by Karina Bryant (GOLD), Craig Fallon (SILVER,) Sophie Cox (BRONZE) and Georgina Singleton (BRONZE). The team also achieved two 5<sup>th</sup> place finishes through Karen Roberts and Simone Callender.

## Coach Participation—Important Notice

The Chair of the National Coaching Commission has asked for a notice to go out to all BJA coaches reminding them that if they are coaching a group session alone (without another suitably qualified coach present), they are not permitted to participate at any time as they are responsible for the supervision of the session as a whole.

## Long Term Athlete Development Plan

Some months ago the BJA began to develop a long-term athlete development plan (LTADP) that will provide a framework for the development of our elite performers from pre-Start on through to Performance levels. The plan will pull together the best concepts and practice from the world of judo and incorporate them into a UK model that will be utilised to some extent by all coaches and support personnel involved with the development of our elite athletes. While we do not envision every coach at every level singing directly from this same sheet it was agreed that if we put a strong, user friendly, plan in place that provides general guidelines for each of the stages of development that all coaches will buy into this concept to some extent.

The plan is to be developed in conjunction with Dr Istvan Balyi, a world class expert on the development of high performance athletes. Istvan recently drafted the highly successful swimming LTADP and is currently working with Rugby, Cricket, Rowing, and a number of other British sports. On Sunday 8<sup>th</sup> June a number of invited BJA Directors, National Coaches, Performance Directorate Personnel, Personal Coaches, Support Coaches, Development staff and others will meet at Loughborough University for a three-hour briefing by Istvan, and some workshop sessions where invitees will be able to look into more detail about the appropriate 'phase of learning' for their area of work. Within the LTADP there are five phases of learning - fundamental, learning to train, training to train, training to compete, & training to win.

## New & Improved BJA Website

Keep a look out for the new and improved BJA website—soon to be launched! The new site will have a cleaner and more user-friendly feel, and aims to be much more informative than the previous site. It will feature news stories, profiles, information about events and lots more to appeal to all BJA members. The site will be updated daily to act as the central point for all news and information relating to British Judo.

## BJA Office Move to Loughborough University

Due to a limited amount of space at our current offices in Leicester, next month the BJA will be moving to a brand new office on a site adjacent to the Loughborough University campus.

Loughborough is a real hotbed for sports development and has various sports support services on site so there will be a number of benefits to the move. Other National Governing Bodies of Sport based at Loughborough include British Swimming, England Hockey, British Triathlon, and the Women's Football Association—and we will be sharing our new office block with English Volleyball and Wheelchair Basketball.

For the foreseeable future the Membership Department of the BJA will remain at the current offices in Leicester, so please note that the BJA mailing address and contact details will remain the same until further notice.

## AGM Date—Sat 27th September 2003

The British Judo Association's Annual General Meeting has been scheduled for Saturday 27th September 2003 in The Cope Auditorium at Loughborough University. Further information and calling notices will be issued in due course.

## BJA Events

Enclosed with this newsletter are flyers to advertise 2 major upcoming BJA events—the 2003 Junior British Open to be held at Crystal Palace on Saturday 30th August, and the Men's European Team Championships to be held at Brentford Fountain Leisure Centre in London on Saturday 6th December 2003. It would be great to see as many BJA members as possible at both these events so please put the dates in your diary!

## World Class Start Plan

Against all odds, due to the uncertainty of lottery funding levels at Sport England, we secured a three year funding package valued at £500,000 to get our Pre-Start and Start plans up and running. The Programme will be led by a Start Manager, and provide for two FT Cadet Coaches (the current positions have always been PT), PT Regional Co-ordinators, and a network of talent observers.

This critical foundation for our High Performance pyramid needs to be greatly strengthened and this funding will provide us with the resources to tackle the issues. Undoubtedly we will suffer at the World Class senior level unless we get the talent identification and athlete development programme right for the 11 – 17 age groups. More information on the future Start planning will be posted on the BJA Website (soon to be re-launched!).

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## BJA Club Recognition Scheme

This coming summer, the BJA will be launching its' Club Recognition Scheme. The aim of the scheme is to recognise and reward examples of good practice within BJA member clubs that are promoting and delivering Judo across the country.

There are three levels of award – Bronze, Silver and Gold. The BJA recognises that not every club has the resources to achieve the Gold award, so the first level, Bronze, provides a quality standard for the small clubs, which will give players, parents and partner agencies, confidence in the administration and practices of that club. As the club grows, expanding its playing programme, and recruiting more coaches, officials and volunteers, then the opportunity is there to work up towards and through the Silver award, to finally achieve Gold. The BJA Development Team will provide support and encouragement to enable participating clubs to achieve the highest possible standards appropriate to their level of play.

The Sport England Clubmark is incorporated as an integral part of the BJA Club Recognition Scheme. Clubmark is Sport England's accreditation scheme for clubs that work with children and young people. It is aimed at supporting the development and recognition of clubs that are safe, effective and child-friendly. Clubs achieving any level of the Club Recognition Scheme will automatically be awarded the Clubmark.

To gain an award, clubs will have to meet criteria set out in four categories: Coaching and Volunteers; Duty of Care and Child Protection; Club Management; Playing Programme.

Many of the achievement targets set for Clubs are supported directly by the BJA Development Team with the availability of guidance notes and templates. This will relieve the burden on clubs having to produce any required documentation from scratch.

Clubs applying for an award will be sent a pack, which will include a BJA Assessment file, and a Sport England Clubmark pack. The Assessment File enables clubs to collect, store and present to the BJA all the information/evidence required to show that they have achieved the criteria of the BJA Club Recognition Award and the Sport England Clubmark. It is divided into three parts:

- Accreditation Criteria
- Evidence Portfolio
- Templates

The Accreditation Criteria section details the evidence that is required, resources that are available to assist you and a checklist as an aide memoir. The Evidence Portfolio contains notes to guide the club in providing the necessary information. There is space to provide the required written evidence, and wallets to insert documentary evidence. The Templates are BJA versions, based on Sport England originals, which are provided on floppy disk in the Clubmark pack.

The whole process is designed to be clear, unambiguous and as straightforward as possible.

After gathering all the evidence in the assessment file, the club should return the pack to their Regional Development Officer. There will be three deadlines per year for assessments. These will be 31<sup>st</sup> March, 31<sup>st</sup> August and 31<sup>st</sup> December. It is the intention of the development team to notify clubs of the outcome of their application within 4 weeks after these deadlines.

After successfully achieving an award level, clubs will receive a certificate, which shall be valid for two years. They shall also be entitled to use the Club Recognition Scheme and Clubmark logos on their letterheads and club publicity materials. At the end of each year, clubs will be required to satisfactorily complete a monitoring sheet to re-validate their award in order to remain on the scheme.

## Awards For All Funding

There continues to be a steady stream of success stories for Judo Clubs applying to this funding programme. Funding of between £500 and £5000 is available for individual Clubs and the application process is relatively simple.

Recent successes have included Anfield Youth Activities Centre Judo Club in Liverpool who obtained £4,900 to run a Junior Coaching programme in Schools and Community Centres in order to introduce young people to Judo and feed them into the Club. Stebbing Judo Club are using £4,932 from "Awards for All" to expand and Develop the Club and purchase new safety mats. Chelmsford Judo Club put together a successful start-up bid and obtained £5,000 to assist the purchase of necessary equipment, as did Worsley Judo Club in Manchester.

The current total of successful Awards for All applications for Judo in England now stands at 156. The total funding from the programme directly into grass roots Judo now stands at :-

**£612,986.00**

Funding from this programme is however becoming increasingly difficult to obtain due to the high standard of competition. The BJA Development Team have extensive experience in assisting Clubs to produce a robust and worthy application and can help Clubs to tailor their application to fit the relevant Regional focus of the nine Sport England Regions in order to improve the chances of success of individual applications. Contact any member of the Development Team for details of and assistance with the application process.

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## Dartford Judokwai win Sports Club of the Year

The Central Council of Physical Recreation has presented Dartford Judokwai with the top award at the Annual Sports Club of the Year Awards.

The CCPR assesses clubs on a broad range of criteria, not only on elite performance, but also including how much effort is put into encouraging all sections of the local community to participate, links to local schools, the local authority and other community groups, what successes the club has had in attracting sponsorship and grant aid, and what it can offer its volunteers.

This is the latest, and arguably the finest, accolade for the club, which has recently been named as Dartford Sports Club of the Year, and whose Head Coach, Alan Roberts, has won numerous awards for his coaching, including this year being named as SportsCoach UK Coach of the Year for a coach working in an individual sport, and Kent Coach of the Year in the category of coach mentoring.

Not only is this a fine achievement for the club, it is excellent news for judo as a whole, raising the profile of the sport generally. Dartford were presented with a cheque for a cool £10,000, and the money will assist them in achieving their ambitious development plans.

Dartford Judokwai put in place their Club Development Plan in 2001 with support from the BJA's Development staff and National Guidance Notes for the Production of Club Development Plans. For more information on writing your Club Development Plans please contact a member of the BJA's Development Team.

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## Criminal Records Disclosure

Due to delays at the Criminal Records Bureau the BJA will not be in a position to carry out criminal disclosures until 01 September 2003.

## BJA Member Travel Insurance—Important Notice

The wording in the insurance brochure recently circulated has caused some confusion with regards to TRAVEL INSURANCE.

Members travelling abroad as part of National Squads, or on official BJA business (as referee, coach or player), are covered under the travel insurance policy anywhere in the world. Members taking part in a club event, or other organised activity in a private capacity, are NOT automatically covered by the BJA travel insurance policy and must apply to BJA Head Office if they wish to be covered. This extended cover will be provided at a very competitive premium and is available only to members of the BJA.

As indicated in the insurance brochure, we wish to emphasise that all members are covered by the Personal Accident insurance policy, and for public liability and professional indemnity risks as described.

## British Open 2003

This year's British Open on 12-13 April at Crystal Palace saw some great performances from British fighters:

Men:		
-60kg	Craig Fallon	1 <sup>st</sup> place
-66kg	James Warren	1 <sup>st</sup> place
-81kg	Simon Childs	3 <sup>rd</sup> place
+100kg	Robert Stillwell	3 <sup>rd</sup> place
Women:		
-48kg	Fiona Robertson	2 <sup>nd</sup> place
-48kg	Clare Lynch	3 <sup>rd</sup> place
-63kg	Karen Roberts	3 <sup>rd</sup> place
-70kg	Kate Howey	2 <sup>nd</sup> place
-70kg	Amanda Costello	3 <sup>rd</sup> place
-78kg	Rachel Wilding	1 <sup>st</sup> place
+78kg	Karina Bryant	1 <sup>st</sup> place
+78kg	Simone Callender	2 <sup>nd</sup> place

Full list of 2003 British Open results:

Men:		
<b>-60kg</b>	1. Fallon, Craig	(GBR)
	2. Soyer, Cyril	(FRA)
	3. Despezelle, Eric	(FRA)
	3. Paischer, Ludwig	(AUT)
<b>-66kg</b>	1. Warren, James	(GBR)
	2. Gopfert, Mike	(GER)
	3. Boulemia, Mustapha	(FRA)
	3. Meseguer, Laurent	(FRA)
<b>-73kg</b>	1. Pedro, Jimmy	(USA)
	2. Mobius, Michael	(GER)
	3. Schmitt, Alain	(FRA)
	3. Van Nol, Koen	(NED)
<b>-81kg</b>	1. Dafreville, Mathieu	(FRA)
	2. Cassar, Alexandre	(FRA)
	3. Allard, Andre	(FRA)
	3. Childs, Simon	(GBR)
<b>-90kg</b>	1. Helbing, Sven	(GER)
	2. Lama, Gabriel	(CHI)
	3. Gintaras, Ambraska	(LTU)
	3. Mastenbroek, Thierry	(NED)
<b>-100kg</b>	1. Hubert, Henry	(GER)
	2. Birkfellner, Franz	(AUT)
	3. Dahl, Nacer	(FRA)
	3. Peltola, Timo	(FIN)
<b>+100kg</b>	1. Ziad, Ouaqef	(FRA)
	2. Moerkerk, Jesse	(NED)
	3. Riedelsperger, Stefan	(AUT)
	3. Stillwell, Robert	(GBR)
Women:		
<b>-48 kg</b>	1. Kim, Young Ran	(KOR)
	2. Robertson, Fiona	(GBR)
	3. Lynch, Clare	(GBR)
	3. Vanmechelen, Dominiq	(BEL)

<b>-52kg</b>	1. Askelof, Sanna	(SWE)
	2. Verbeke, Katrien	(BEL)
	3. Dom, Els	(BEL)
	3. Merle, Ellenita	(FRA)
<b>-57kg</b>	1. Gravenstyn, Deborah	(NED)
	2. Lindberg, Maria	(SWE)
	3. Gussenberg, Inga	(GER)
	3. Henry, Virginie	(FRA)
<b>-63kg</b>	1. Krukower, Daniela	(ARG)
	2. Geerdts, Bianca	(GER)
	3. Lee, Bok Hee	(KOR)
	3. Roberts, Karen	(GBR)
<b>-70kg</b>	1. Chisholme, Marie-Hele	(CAN)
	2. Howey, Kate	(GBR)
	3. Abdellatif, Amina	(FRA)
	3. Costello, Amanda	(GBR)
<b>-78kg</b>	1. Wilding, Rachel	(GBR)
	2. Roberge, Catherine	(CAN)
	3. Park, Mi Seon	(KOR)
	3. Van Den Broek, Miranda	(NED)
<b>+78kg</b>	1. Bryant, Karina	(GBR)
	2. Callender, Simone	(GBR)
	3. Choi Sook, Le	(KOR)
	3. Fedoseenko, Svetlana	(RUS)

### Visually Impaired Men:

<b>-60kg</b>	1. Quilter, Ben	(GBR)
	2. Harris, Darren	(GBR)
	3. Kail, Darren	(GBR)
	3. Nicholas Killen	(GBR)
<b>-81kg</b>	1. Jackson, Simon	(GBR)
	2. Moore, Scott	(USA)
	3. White, Tony	(IRE)
	3. Becquelin, Neil	(GBR)
<b>-90kg</b>	1. Rose, Ian	(GBR)
	2. Johannfunke, Michael	(GER)
	3. Urmann, Marcus	(FRA)
	3. Francis, Mike	(GBR)

### Visually Impaired Women:

<b>-63kg</b>	1. Arndt, Astrid	(GER)
	2. Ingram, Maxine	(GBR)
	3. Pierce, Lori	(USA)

Congratulations to all the home-grown medal winners & Champions.

## BJA Education & Development Commission—Volunteers?

The BJA's Education & Development Commission, Chaired by Roy Inman OBE, is currently seeking volunteer members. The Commission aims to:

1. Advise the Board of Directors on education & development matters;
2. Advise on educational opportunities for national and international level players;
3. Offer career advice for current and retiring players (ACE);
4. Advise on the development of a comprehensive education curriculum infrastructure;
5. Monitor, update and advise ongoing training information through international research;
6. Liaise with the Coaching Commission on coaching matters within the area of education and development.

If you are interested in being considered for this Commission please email your details to [scottmccarthy@britishjudo.org.uk](mailto:scottmccarthy@britishjudo.org.uk) or alternatively send them to: BJA Education & Development Commission, 7a Rutland Street, Leicester, LE1 1RB. Please forward expressions of interest by 6 June 2003.