

## Judo Fit Course

DATES : 4th & 5th. February, 2012.

TIMES : Saturday 9.00am to 6.00pm and Sunday 9.00am to 1.00pm.

VENUE : East London Dojo, Newham College, East Ham Campus, High Street South, London, E6 6ER.

ORGANISER/CONTACT : Steve Fraser, London Area Technical Officer on 07967 778279 or email as below.

COST : £10.00 per candidate (cheques made payable to the British Judo Association please).

APPLICATIONS : to Mr. S. Fraser, 150 Dunston Road, London, SW11 5YB.

CLOSING DATE : 1st. February, 2012.

**This course is limited to a maximum of 20 people and so you are advised to book early to reserve your place.**

**THIS COURSE IS SUITABLE FOR THOSE CANDIDATES SEEKING COACH OR INSTRUCTOR REVALIDATION.**

**Email:** [steve.fraser@britishjudo.org.uk](mailto:steve.fraser@britishjudo.org.uk)

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### JUDO FIT

<b>Applicant Name:</b>	
<b>Applicant Address:</b>	
<b>Contact telephone:</b>	
<b>Contact e-mail:</b>	
<b>Club:</b>	
<b>Membership No:</b>	