

KINGSLEY HALL GRADING

Saturday 3rd Nov 2007

Junior boys and girls 6th Mon & over
Senior Kyu & Dan grades Men only

There will be a B.J.A grading at Kingsley Hall Judo Club, Parsloes Ave,
Dagenham, Essex, RM 9 5ND.

Tube: Becontree; Dagenham Heathway.

Rail: Chadwell Heath.

Buses: 5, 62, 145, 364.

Car Park at Kingsley Hall J C

Senior Examiners :

Terry Adams 6th Dan,

Mick McCarthy 3rd Dan

John Debono 4th Dan

Michael Dougall 2nd Dan

Trainee Examiner

Gary Diebeilius 5th Dan

Senior recorder: Craig Ringer

Doors open at 8.30am

Juniors must book in at.....9.00am. Fee: £10

Seniors must book in at11.30am. Fee: £15

Dan grades must book in at ...1.00pm. Fee: £15

Always a good turn out for all grades.

First Aid; in Attendance

Make sure you are in good health, before doing any grading

Zori must be worn.

Mobile phones are BANNED in the Dojo.

There will be refreshments on sale all day. Plus Café & shops within 2 minutes walk.

No Licence. No Grading

Email. k.cleasby@ntlworld.com

Kevin Cleasby.

Any enquiries please phone me on these numbers: 020 8501 2407... Home

: 0782 4884525.... Mobile

BOOK IN ON THE DAY.