

Technical Day with World Champion Vitaly Makarov (Russia)

Also

Afternoon open Randoori session

**Venue: - Kendal Judo Club, The Dojo, Parkside Business
Park, Parkside Road, Kendal, Cumbria LA9 7EN**

Coaches –

**Andrew Moshanov BJA Technical Director (former Russian Judo
Federation Sports Director)**

**Vitaly Makarov, Russia 1999 and 2001 World Champion, Silver
2004 Olympics; 2000 European championships- Bronze; 2003
World championships - Bronze,**

Hosted by the Northwest Area

Matt Clempner Area ATD

Neil Eckersley Ass. ATD Olympic Bronze medallist and Former National
team manager

09.30 am Booking in

10.00am Start of mat session

11.45am-12.45pm Lunch - food provided

12.45pm resume on the mat

2.00pm end of session and questions

**This is a coach revalidation event –There only are limited places
available, please book early to avoid disappointment!**

3.00pm Training and Randoori session all welcome (for Judoka at
any level)

5.00pm End of Training

Costs - Revalidation event £20 (food included)

Randoori only - £5

All North West coaches will be sponsored by Northwest area and pay only £5 for
revalidation event and £5 for the Randoori

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