



# **BRECON JUDO ACADEMY**

**4th MASTERS TRAINING**

at

**BRECON LEISURE CENTRE**

17th November 2007

GUEST INSTRUCTOR

*Neil Adams*

**Ages: 30 - 90 men & women** (with kit & breathing)

**Session: 12 noon to 2 pm**

**£5**

**FREE Sauna, Steam Room, Hot Tub 2 pm - 3 pm**

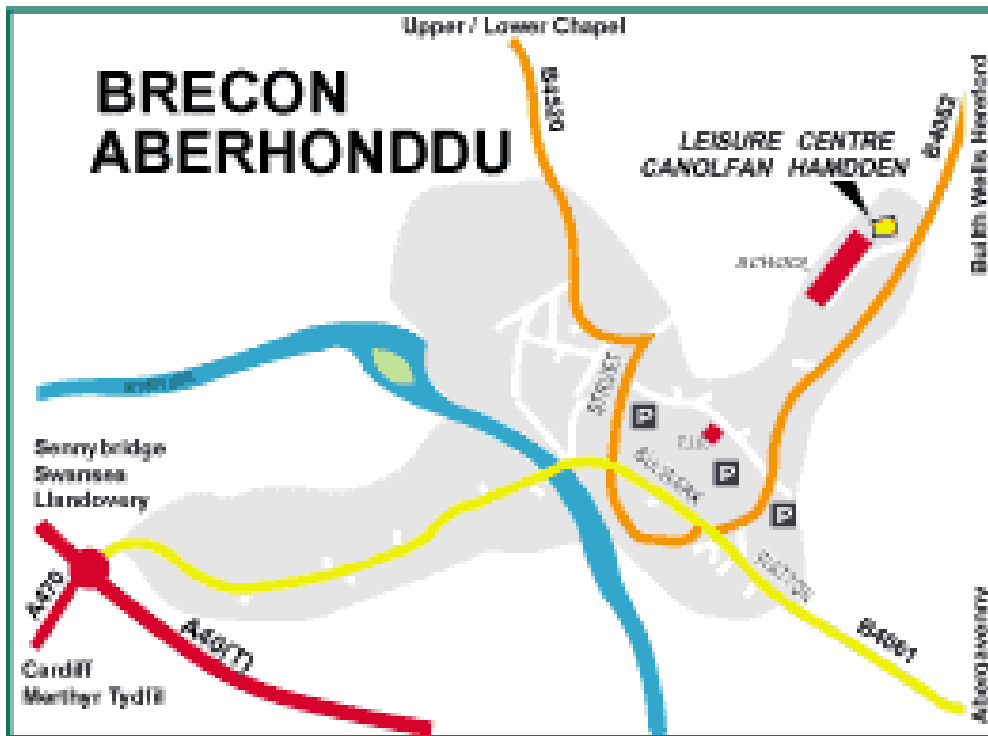
**CAFETERIA AND BAR AT VENUE**

*For more information contact:*

**Phillip Jones** (3<sup>rd</sup> Dan)



tel 07943817164



[Click here to find this site on MULTIMAP](#)

Brecon Leisure Centre is located on the north eastern edge of Brecon and has its own designated car park providing easy access for all to the leisure centre.

It is situated along the B4062 which can be accessed from the A470 Cardiff - Builth Wells trunk road. If approaching Brecon along the A40 from Abergavenny or Llandovery follow signs for A470 Builth Wells and then follow Leisure Centre directional signs.

The town is also served by the [National Express](#) and [Stagecoach](#) bus companies which link with other towns such as:- Cardiff, Swansea, Merthyr Tydfil, Abergavenny, Llandovery, Builth Wells, Crickhowell and Hay On Wye. The nearest train station is located in Abergavenny and a comprehensive timetable can be requested from [National Rail Information](#).

**Brecon Leisure Centre:**

### **Why not bring the family?**

Facilities at the Leisure Centre include Ten Pin Bowling, Gymnasium and Swimming Pool with separate children's pool and a bar and restaurant area.

[Click here for Facilities at Brecon Leisure Centre](#)