



NORTHERN HOME COUNTIES

NHC VETERANS OPEN

MEN & WOMEN

GROUPS 2, 3 AND 4

SUNDAY 15 FEBRUARY 2009

Venue: High Wycombe Judo Centre, Barry Close, High Wycombe, Bucks

Eligibility: All Competitors **MUST** hold a current **SENIOR** membership licence
NO LICENCE NO CONTEST

Weights: Men: U60, U66, U73, U81, U90, U100 & +100
Senior Open Women: U48, U52, U57, U63, U70, U78 & +78

Weights: **GROUP 2** MEN: AGED 35-44 YEARS INCLUSIVE
VETERANS U60, U66, U73, U81, U90, U100, +100

GROUP 3 MEN: AGED 45 YEARS AND OVER
U60, U66, U73, U81, U90, U100, +100

GROUP 4 WOMEN: AGED 30 YEARS AND OVER
WEIGHT CATEGORIES TO BE DECIDED ON THE DAY
(Actual weight MUST be put on the entry form)

Weigh-in SUNDAY 15 FEBRUARY 2009
Times: **GROUP 2 MEN 35-44 years - 10.30am – 11.15am ALL WEIGHTS**
GROUP 3 MEN +45 years - 10.13am – 11.15am ALL WEIGHTS
GROUP 4 WOMEN +30 years - 8.00 – 8.45am ALL WEIGHTS

Method of Compound Knockout (numbers permitting) or Pools/Knockout
Competition:

Entry Fee: £15 per competitor – Cheques payable to BJA NHC

Spectators £3.00 per adult (U16's FOC)



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NHC VETERANS OPEN ENTRY FORM

SUNDAY 15 FEBRUARY 2009

CLOSING DATE: 1 FEBRUARY 2009

ENTRY FEE: £15.00

Cheques payable to BJA NHC

ENTRIES TO:

SHARON COTTIS, 15 HALL CLOSE, STANFORD-LE-HOPE, ESSEX, SS17 8HJ

FIRST NAME SURNAME.....

ADDRESS.....

..... POST CODE.....

TELEPHONE NO..... EMAIL

CLUB..... AREA.....

WEIGHT..... GROUP.....
(Exact weight for Women MUST be given)

GRADE.....

LICENCE NO.....EXPIRY DATE.....