



NORTHERN HOME COUNTIES

NHC SENIOR OPEN

MEN & WOMEN

GROUP 1

SUNDAY 15 FEBRUARY 2009

Venue: High Wycombe Judo Centre, Barry Close, High Wycombe, Bucks

Eligibility: All Competitors **MUST** hold a current **SENIOR** membership licence
NO LICENCE NO CONTEST

Weights: Men: U60, U66, U73, U81, U90, U100 & +100
Senior Open Women: U48, U52, U57, U63, U70, U78 & +78

Weigh-in **SUNDAY 15 FEBRUARY 2009**
Times: Men: U60, U66, U73, U81 8.00am to 8.45am
GROUP 1 Women: U48, U52, U57, U63 8.00am to 8.45am
ALL OTHER WEIGHTS: 10.30am to 11.15am

Method of **Compound Knockout (numbers permitting) or Pools/Knockout**
Competition:

Entry Fee: £15 per competitor – Cheques payable to BJA NHC

Spectators £3.00 per adult (U16's FOC)

Coaches: Only One Accredited Club Coach per club will be admitted F.O.C.

Closing Date: 1 FEBRUARY 2009

Entries to: SHARON COTTIS, 15 HALL CLOSE, STANFORD-LE-HOPE, ESSEX, SS17 8HJ

**NO TELEPHONE OR E-MAIL ENTRIES WILL BE ACCEPTED.
PLEASE ENCLOSE S.A.E. IF CONFIRMATION IS REQUIRED**



NORTHERN HOME COUNTIES

NHC SENIOR OPEN ENTRY FORM

MEN & WOMEN

SUNDAY 15 FEBRUARY 2009

CLOSING DATE: 1 FEBRUARY 2009

ENTRY FEE: £15.00

Cheques payable to BJA NHC

ENTRIES TO:

SHARON COTTIS, 15 HALL CLOSE, STANFORD-LE-HOPE, ESSEX, SS17 8HJ

FIRST NAME **SURNAME.....**

ADDRESS.....

..... POST CODE.....

TELEPHONE NO..... EMAIL

CLUB..... AREA.....

WEIGHT..... GROUP.....

GRADE.....

LICENCE NO.....EXPIRY DATE.....