

British Judo Association Northwest Area  
KENDAL JUDO CENTRE  
Parkside Business Park, Parkside Road,  
Kendal, Cumbria LA9 7EN

**SUNDAY 1<sup>ST</sup> FEBRAURY 2009**  
**&**  
**SUNDAY 8TH NOVEMBER 2009**

Booking in Times approximately

ALL 1 <sup>st</sup> KYU MEN	9.30am – 10.00am
1 <sup>st</sup> Kyu & ABOVE WOMEN	11.30am – 12.00noon
1 <sup>st</sup> Dan & ABOVE MEN	11.30am – 12.00noon

**COST £15.00 (inc. BJA levy)**

**FURTHER INFORMATION CONTACT**  
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