



Name: Karen Briggs
Weight category: -48kg
Club: Hull Judo Club
Coach: Roy Inman
Home town: Hull
Place of residence: Hull
Age started judo: 7
Current Status: Following a very successful competitive career Karen retired back to her home in Hull where she continues to coach judo.

Honours and Awards:

- Awarded an MBE services to judo

Previous results:

- 1990 Commonwealth Games - Gold
- 1989 World Judo Championships- Gold
- 1986 World Judo Championships- Gold
- 1984 World Judo Championships- Gold
- 1982 World Judo Championships- Gold

*Olympic qualifying tournament

For further information contact Emma Griffin at emmagriffin@Britishjudo.org.uk or James Sills at jamesills@Britishjudo.org.uk