

MEMORANDUM

To: BJA National Squad Members & Non-Squad Members

From: Karen Roberts
World Class Operations Manager

Date: 12th January 2009

Subject: **Great Britain Randori Sessions**

Great Britain Randori Sessions - Monday and Wednesday Evenings

British Judo Performance Institute

Dartford, Cotton Lane, Stone, Dartford, Kent, DA2 6PD

Patrick Roux, BJA Head Coach, will be starting a regular Randori sessions at the British Judo Performance Institute on Monday and Wednesday evenings 8.15pm - 10.00pm. The first session will be Wednesday 28th January 2009, and then every subsequent Monday and Wednesday.

It is important to use the far car park (behind Bowling Club), as normal parking will be clearing from previous classes. All competitive players are welcome who are a minimum age of 15, minimum grade Blue Belt - if you fall outside of these requirements but feel you are of the right standard please contact Karen Roberts: karenroberts@britishjudo.org.uk

Great Britain National Squad Members train for free, all other players will pay a mat fee of £5.

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Karen Roberts
World Class Operations Manager