

MEMORANDUM

To: All Players and coaches
From: Patrick Roux
BJA Head Coach
Date: 24th March 2009
Subject: Programme to the World Championships

Below is an outline of the provisional programme to the World Championships:

- 28th /29th April-10th May Select MEN Competition and Camp in Brazil
- 29th April- 20th May Select WOMEN Japan- DATE TO BE FINALISED
- 2nd/3rd May ALL other British Squad players compete in British Open
- 11th-17th May Active Recovery MEN
- 23rd-29th May Select MEN training camp in Russia
- 1st-7th June Active Recovery MEN & WOMEN
- 8th-11th June Training within BJPI and Network
- 13th-19th June Select MEN and WOMEN Tre Torri Competition and Camp
- W/C 22nd June World Championship selection meeting
- 22nd-28th June Active Recovery
- 1st -5th July Select MEN Conditioning Camp BJPI
- 6th – 10/11th July: Select MEN Camp in Belarus
- 8th-12th July Select WOMEN Conditioning Camp BJPI
- 13th-17th July Select WOMEN camp in Montpellier
- 20th-23rd July Select MEN and WOMEN Conditioning BJPI
- 24th-31st July Select MEN and WOMEN Competition and Camp in Germany
- 1st-7th August Active Recovery
- 8th-14th August Select MEN and WOMEN, BJPI
- 17th-21st August Select MEN and WOMEN, BJPI
- 24th/25th August Departure to Rotterdam
- 28th-31st August World Championships
- 1st September Return