



## INFORMATION

- Dates:** Saturday 15<sup>th</sup> November & Sunday 16<sup>th</sup> November 2008
- Venue:** Henry Ford College, Loughborough
- Technical Congress:** The main theme of this year's Technical Congress is London 2012. With the 2012 Olympic Games being held in the UK there will be massive publicity for sport and there will be many developmental opportunities for British Judo.
- We have put together a varied and interesting programme to cater for the broad range of delegates who will attend.
- There is a strict limit on the number of places available for the Congress and these will be allocated to the first 195 applications received. If you don't want to miss out, don't wait until the closing date; get your application in the post today.
- Annual General Meeting:** The Annual General Meeting will be held on the afternoon of Sunday 16<sup>th</sup> November 2008 commencing at 1.45pm with registration from 1.00pm. The meeting agenda and relevant documentation will be circulated to member clubs at the appropriate time.
- Closing Date:** Friday 26<sup>th</sup> September 2008
- All Congress places must be booked and paid for in advance by the closing date – no applications will be accepted without the appropriate fee.
- Accommodation:** Conference delegates are responsible for booking their own accommodation. A list of possible accommodation is attached for information only.
- Fees:**
- Option 1: Technical Congress & Official Congress Dinner - £85.00**  
Includes attendance at Congress, lunch and refreshments on both days and attendance at the official drinks reception and Congress Dinner at the Burleigh Court Conference Centre.
- Option 2: Technical Congress - £75.00**  
Includes attendance at Congress, lunch and refreshments on both days.
- Option 3: Annual General Meeting – No Charge**  
Attendance at Annual General Meeting (does not include lunch).
- General Enquiries:** For general enquiries contact Nicola Burlingham-Hall on 01509 631670 Ext. 231
- Applications:** Completed applications should be sent or faxed to:  
Nicola Burlingham-Hall at the address below.

**“THIS IS A BRITISH JUDO ASSOCIATION LICENSED TECHNICAL EVENT”**  
**Suitable for Revalidation for Coaches, Examiners, Referees and Officials**

# PROGRAMME

SATURDAY 15 <sup>TH</sup> NOVEMBER 2008				
9.00AM — 9.30AM	REGISTRATION — CONGRESS & ANNUAL GENERAL MEETING			
9.30AM — 9.45AM	WELCOME & INTRODUCTION			
9.45AM — 10.30AM	PREPARATIONS FOR LONDON 2012			
<b>TRACKS</b> 	<b>TECHNICAL I</b>	<b>DEVELOPMENT</b>	<b>HIGH PERFORMANCE</b>	<b>TECHNICAL II</b>
10.30 AM — 11.15AM	TECHNICAL GRADINGS	CLUB DEVELOPMENT	BEIJING 2008 — LESSONS LEARNED	VIDEO/PRACTICAL I
11.15AM — 11.45AM	BREAK			
11.45 AM — 1.00PM	LONDON 2012 — HIGH PERFORMANCE STRATEGY			
1.00PM — 2.00PM	LUNCH			
2.00PM — 2.45PM	COACH EDUCATION - UKCC	VOLUNTEER DEVELOPMENT	VI JUDO — BEIJING TO LONDON	COMPETITION STRATEGY
2.45PM — 3.30PM	CONTEST RULES	TALENT ID & DEVELOPMENT	WINNING IN JUDO	VIDEO/PRACTICAL II
3.30 PM — 4.00PM	BREAK			
4.00PM — 6.00PM	LONDON 2012 & BRITISH JUDO (INTERACTIVE WORKSHOPS) (HOW CAN BRITISH JUDO BEST BENEFIT FROM LONDON 2012?)			
7.00PM — 7.30PM	DRINKS RECEPTION			
7.30PM — 9.30PM	CONGRESS DINNER			
9.30PM — 10.30PM	THE OLYMPIC EXPERIENCE (BRITAIN'S TOP OLYMPIANS SHARE THEIR OLYMPIC EXPERIENCE AND ANSWER YOUR QUESTIONS.)			

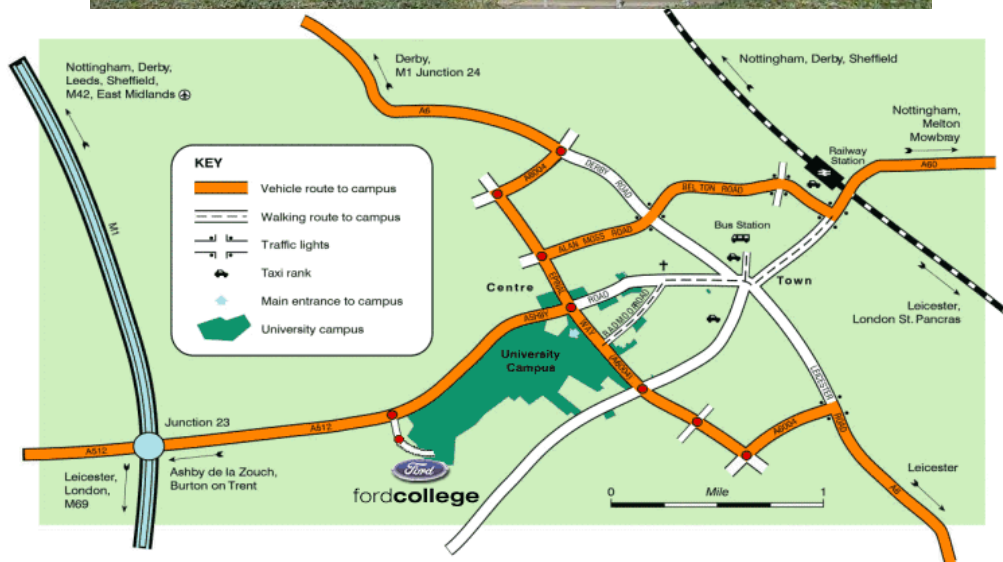
SUNDAY 16 <sup>TH</sup> NOVEMBER 2008				
9.00AM — 9.30AM	REGISTRATION — CONGRESS & ANNUAL GENERAL MEETING			
9.30AM — 9.45AM	WELCOME BACK (CHAIRMAN)			
<b>TRACKS</b> 	<b>TECHNICAL I</b>	<b>DEVELOPMENT</b>	<b>HIGH PERFORMANCE</b>	<b>TECHNICAL II</b>
9.45AM — 10.30AM	TECHNICAL GRADINGS	TALENT ID & DEVELOPMENT	BEIJING 2008 — LESSONS LEARNED	COMPETITION STRATEGY
10.30AM — 11.15AM	COACH EDUCATION - UKCC	VOLUNTEER DEVELOPMENT	VI JUDO — BEIJING TO LONDON	VIDEO/PRACTICAL I
11.15AM — 11.45AM	BREAK			
11.45AM — 12.15PM	CONTEST RULES	CLUB DEVELOPMENT	WINNING IN JUDO	VIDEO/PRACTICAL II
12.15PM — 12.30PM	CONGRESS CLOSURE (CHAIRMAN)			
12.30PM — 1.45PM	LUNCH (CONGRESS DELEGATES ONLY)			
1.00PM — 1.45PM	REGISTRATION — ANNUAL GENERAL MEETING			
1.45PM — 4.00PM	ANNUAL GENERAL MEETING			
4.00PM — 4.15PM	CLOSING REMARKS			

**Note:** The information provided in the above programme is correct at time of printing but may be subject to modification.

## PROGRAMME TOPICS IN BRIEF

<b>MAIN TOPICS</b>
<p><b>1. PREPARATIONS FOR LONDON 2012</b></p> <p>The Organising Committee for the 2012 Olympic Games have appointed the Judo Manager who will be responsible for running the judo competitions for both the Olympic and Paralympic Games. This will be the first opportunity to see what preparations are being put in place for these events.</p>
<p><b>2. LONDON 2012 – HIGH PERFORMANCE STRATEGY</b></p> <p>A new high performance strategy is currently being developed which is aimed at ensuring that the medal targets for London 2012 are attained. There will be a detailed presentation of the strategy which will include details of the establishment of the British Judo Performance Institute and the British Judo Performance Network will provide the platform for the delivery of high performance activity going forward.</p>
<p><b>3. LONDON 2012 &amp; BRITISH JUDO</b></p> <p>How can British Judo best benefit from the publicity and other opportunities that will come about as a result of the 2012 Games being held in London? Interactive workshops on a wide variety of topics for you to discuss and contribute suggestions.</p>
<b>OTHER TOPICS</b>
<p><b>1. TECHNICAL I – TECHNICAL GRADINGS</b></p> <p>Radical changes have been made to the Junior Mon and Senior Kyu grading syllabi. Find out the facts: why were the changes made and introduced so quickly? Six months on what is the current situation. A presentation of interest to all members.</p>
<p><b>2. TECHNICAL I – COACH EDUCATION</b></p> <p>The introduction of the United Kingdom Coaching Certificate is one of the most important initiatives in sport today. Get the latest information and the facts on the biggest overhaul of coach education ever undertaken by the BJA. Of particular interest to coaches and anyone responsible for coaching in the judo club.</p>
<p><b>3. TECHNICAL I – CONTEST RULES</b></p> <p>At the start of each Olympic cycle there are changes to the Contest Rules. This will be one of the first opportunities to get the details of any changes introduced after Beijing. This presentation will be of interest not only to referees but to anyone interested in competitive judo.</p>
<p><b>4. TECHNICAL II – VIDEO PRACTICAL I</b></p> <p>A video/practical presentation by a technical expert. A session for the more technically minded.</p>
<p><b>5. TECHNICAL II – VIDEO PRACTICAL II</b></p> <p>A video/practical presentation by a technical expert. A session for the more technically minded.</p>
<p><b>6. DEVELOPMENT – CLUB DEVELOPMENT</b></p> <p>An update on the BJA's club development initiatives.</p>
<p><b>7. DEVELOPMENT – VOLUNTEER DEVELOPMENT</b></p> <p>An update on the BJA's volunteer development initiatives.</p>
<p><b>8. DEVELOPMENT – TALENT ID &amp; DEVELOPMENT</b></p> <p>Identifying at an early stage is crucial if it is to be properly nurtured and developed. A presentation of interest to anyone who coaches young players.</p>
<p><b>9. HIGH PERFORMANCE: BEIJING - LESSONS LEARNT</b></p> <p>A review of the British performances in Beijing: what we did right, what we got wrong and what we can take forward to London 2012.</p>
<p><b>10. HIGH PERFORMANCE: VI JUDO - BEIJING TO LONDON</b></p> <p>Despite a very small player base, Britain's visually impaired judoka have been remarkably successful over the past few Paralympic Games. What strategies are being put in place to increase numbers and to ensure continued success in London 2012 and beyond?</p>
<p><b>11. WINNING IN JUDO</b></p> <p>The "Winning in Judo" project initiated by Sir Clive Woodward, Performance Director of the British Olympic Association will be reviewed after Beijing when the pilot scheme involving one of our top players comes to an end. Discover the details of Sir Clive's very different approach to the development and support of high performance players.</p>
<p><b>12. COMPETITION STRATEGY</b></p> <p>As a result of the review of the competition structures, several changes are being introduced and several topics which will be of interest to the members are being presented. Of special interest to competition organisers and competition officials.</p>

## THE VENUE



### FROM THE NORTH

Exit M1 at junction 23, take the first exit left which is sign posted A512 (Loughborough) follow this road until you reach a roundabout, at this roundabout turn right and you will quickly approach a second smaller roundabout, at this roundabout take the first left exit and the Henry Ford College drive way is immediately on your right.

### FROM THE SOUTH

Exit M1 at junction 23, take the 3<sup>rd</sup> exit (right) which is signposted A512 (Loughborough) follow this road until you reach a roundabout, at this roundabout turn right and you will quickly approach a second smaller roundabout, at this roundabout take the first left exit and the Henry Ford College drive way is immediately on your right.

### BY RAIL

90 minutes from London **St Pancras**. Approximately 10 minutes by taxi from Loughborough Station.

### BY AIR

8 miles from **East Midlands Airport** and convenient for Birmingham Airport (M42).

**NOTE:** This facility is part of the Ford Motor Group and is not a part of Loughborough University therefore you do not need to enter the University campus.

## ACCOMMODATION

The information provided is intended as a guideline only and is correct at time of printing and the BJA does not accept any responsibility for the accuracy data supplied. Bookings must be made direct and not through the BJA and you should contact the establishment direct for the most up-to-date information.

ESTABLISHMENT	TOWN/VILLAGE	POST CODE	TELEPHONE NO.	MILES TO VENUE	PRICE BAND
New Life Guesthouse	Loughborough	LE11 3AB	01509 216699	1.2	£45
Old Manor Hotel	Loughborough	LE11 1BT	01509 211228	1.9	£49 +
Ramada Hotel	Loughborough	LE11 2QL	01509 233222	1.9	£50 +
The Beauchief Hotel	Loughborough	LE11 1BE	01509 268096	1.9	£63 +
Holywell Guesthouse	Loughborough	LE11 2AG	01509 267891	2.0	£35 +
Quality Hotel	Loughborough	LE11 4EX	01509 211800	2.1	£65 +
Charnwood Lodge	Loughborough	LE11 2AQ	01509 211120	2.2	£45
De Montfort Hotel	Loughborough	LE11 2AQ	01509 216061	2.2	£45
Highbury Guesthouse	Loughborough	LE11 2AQ	01509 230545	2.2	£45
Forest Rise	Loughborough	LE11 2AQ	01509 236557	2.2	£25
Garendon Park Hotel	Loughborough	LE11 2AQ	01509 236557	2.2	£39 +
Burleigh Court Hotel	Loughborough	LE11 3TD	01509 211515	2.2	£89 +
Meadow Guesthouse	Loughborough	LE11 1JX	01509 217409	2.4	£45
The Cedars Hotel	Loughborough	LE11 2AB	01509 214459	2.7	£50 +
Leys Guesthouse	Hathern	LE12 5JB	01509 844373	3.3	£26 +
Moors Farm B & B	Hathern	LE12 5JB	01509 844275	3.3	£30 +
Orchard Guesthouse	Hathern	LE12 5JB	01509 842462	3.3	£30 +
Gilburn B & B	Shepshed	LE12 9BS	01509 600462	3.7	£55 +
The Quorn Country Hotel	Quorn	LE12 8BB	01509 415050	4.0	£60 +
Quorn Grange	Quorn	LE12 8DB	01509 412167	4.2	£79 +
The Grange Courtyard Hotel	Shepshed	LE12 9DA	01509 600189	4.4	£65 +
Croft Guesthouse	Shepshed	LE12 9AN	01509 505657	4.7	£45
The Falcon Inn & Hotel	Long Whatton	LE12 5DQ	01509 842416	4.9	£50 +
Mountsorrel Hotel	Mountsorrel	LE12 7AR	01509 412627	5.4	£45
The Swan Inn Hotel	Mountsorrel	LE12 7AT	0116 230 2340	5.7	£98 +
The Riverbank B & B	Mountsorrel	LE12 7BB	0116 230 3879	5.8	£25 +
The Coachhouse	Kegworth	DE74 2DA	01509 674131	6.8	£30 +
Kegworth House Hotel	Kegworth	DE74 2DA	01509 672575	6.8	£75 +
Best Western Yew Lodge Hotel	Kegworth	DE74 2DF	01509 672518	6.9	£85 +
The Kegworth Whitehouse Hotel	Kegworth	DE74 2DF	01509 672427	6.9	£49 +
Travelodge (J22)	Markfield	LE67 9PP	0870 0850 950	8.1	£50
Express by Holiday Inn	Castle Donington	DE74 2TQ	0870 400 9068	8.2	£80 +
Rothley Court Hotel	Rothley	LE7 7LG	0116 237 4141	8.4	£90 +
Thistle Hotel - East Midlands Airport	Castle Donington	DE74 2SH	0870 333 9132	8.8	£90 +
Field Head Hotel	Markfield	LE67 9PS	01530 245454	9.1	£75
Charnwood Arms Hotel (Bardon)	Coalville	LE67 1TB	01530 813644	9.2	£45 +
Hillfield House B & B ( <i>Twin Rooms</i> )	Swannington	LE67 8RH	01530 837414	9.5	£50
Wondai B & B	Newtown Linford	LE6 0AE	01530 242728	10.2	£30 +
Donington Park Farmhouse Hotel	Castle Donington	DE74 2RN	01332 862409	11.0	£75 +
Broadlawns B & B	Coalville	LE67 3JD	01530 836724	11.0	£30 +
Donington Manor Hotel	Castle Donington	DE74 2PP	01332 810253	11.6	£65 +
Premier Inn - The Flagstaff	Ashby-de-la-Zouch	LE65 1DS	0870 197 7281	11.6	£50 +
Hermitage Park Hotel	Coalville	LE67 3FA	01530 814814	11.9	£60 +

2008 Technical Congress & Annual General Meeting

ESTABLISHMENT	TOWN/VILLAGE	POST CODE	TELEPHONE NO.	MILES TO VENUE	PRICE BAND
Queens Head B & B	Ashby-de-la-Zouch	LE65 1AH	01530 412780	12.0	£35 +
Melbourne View Guesthouse	Melbourne	DE73 8BR	01332 865353	12.2	£35 +
The Fallen Knight Hotel	Ashby-de-la-Zouch	LE65 2FQ	01530 412230	12.3	£65 +
The Royal Hotel	Ashby-de-la-Zouch	LE65 2GP	01530 412833	12.4	£40 +
Holywell House B & B	Ashby-de-la-Zouch	LE65 2LN	01530 412005	12.6	£18 +
The Priest House on the River	Castle Donington	DE74 2RR	01332 810649	12.8	£98 +
The Paddock Guesthouse	Melbourne	DE73 8BQ	01332 862566	12.9	£45 +
Hardinge Arms (Kings Newton) Hotel	Melbourne	DE73 8BX	01332 863808	17.9	£45 +
Hilton Hotel (East Midlands Airport/J24)	Lockington	DE74 2YW	0870 5 90 90 90	8.2	£79 +

# APPLICATION FORM

Annual Technical Congress

Saturday 15<sup>th</sup> November & Sunday 16<sup>th</sup> November 2008  
Henry Ford College, Loughborough, Leicestershire

- NOTES:**
1. Places are limited and allocated on a first come first served basis and **must** be booked in advance.
  2. Closing date for all bookings is **strictly** Friday 26<sup>th</sup> September 2008.
  3. Please ensure that the booking form is accurately and fully completed and accompanied by the appropriate fee.

<b>NAME:</b>			
<b>BJA LICENCE NO:</b>			
<b>POSITION :</b>	Tick all that apply <b>and</b> state Level/Grade alongside.		
	<b>COACH</b>	<input type="checkbox"/>	
	<b>REFEREE</b>	<input type="checkbox"/>	
	<b>EXAMINER</b>	<input type="checkbox"/>	
	<b>COMPETITION OFFICIAL</b>	<input type="checkbox"/>	
	<b>OTHER</b>	<input type="checkbox"/>	
<b>ADDRESS:</b>	Your confirmation will be sent to the address provided.		
<b>TELEPHONE NO:</b>			
<b>E-MAIL ADDRESS:</b>			

Tick the appropriate box below to book your place:

<input type="checkbox"/>	<b>OPTION 1</b>	£85.00	Includes attendance at Congress, lunch and refreshments on both days and attendance at the official drinks reception and Congress dinner at the Burleigh Court Conference Centre.
<input type="checkbox"/>	<b>OPTION 2</b>	£75.00	Includes attendance at Congress, lunch and refreshments on both days.
<input type="checkbox"/>	<b>OPTION 3</b>	No Charge	Attendance at Annual General Meeting (does not include lunch).

Please state below any special dietary requirements:

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Please state below any special/additional needs e.g. wheelchair access/disabled parking:

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**Payment in advance: cheque or credit/debit card accepted**

<input type="checkbox"/>	I have enclosed a cheque made payable to 'British Judo Association' to the value of: £ _____
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<b>CREDIT / DEBIT CARD NUMBER:</b> (AMERICAN EXPRESS AND VISA ELECTRON CANNOT BE USED)	
<b>CREDIT DEBIT CARD EXPIRY DATE:</b>	
<b>ISSUE NUMBER (SWITCH USERS ONLY):</b>	
<b>AMOUNT DUE:</b>	£ _____
<b>SIGNATURE</b>	

**Return completed form by post to:**

Nicola Burlingham-Hall, British Judo Association, Suite B, Technology Centre, Epinal Way, Loughborough, LE11 3GE

**Or fax to:**

Nicola Burlingham-Hall, British Judo Association - Fax No: 01509 631680

# APPLICATION FORM – WORKSHOP SELECTION

**Annual Technical Congress**

**Saturday 15<sup>th</sup> November & Sunday 16<sup>th</sup> November 2008**  
**Henry Ford College, Loughborough, Leicestershire**

- NOTES:**
1. You can select up to six workshops – one from each of the groups below.
  2. Select a first and second choice by entering a 1 or a 2 in box below your preferred choice.
  3. Every effort will be made to accommodate your 1<sup>st</sup> or 2<sup>nd</sup> choice of workshop. If this is not possible we will contact you with an alternative.
  4. It will not be possible to attend all workshops but copies of the presentations and any handouts will be available to download from the BJA Website shortly after the Congress.
  5. It will be possible to change your choice of workshops up to a couple of weeks prior to the Congress – just send a revised form to the address below.

## WORKSHOP SELECTION – SATURDAY 15<sup>TH</sup> NOVEMBER 2008

TRACKS	TECHNICAL I	DEVELOPMENT	HIGH PERFORMANCE	TECHNICAL II
10.30 AM – 11.15 AM	TECHNICAL GRADINGS	CLUB DEVELOPMENT	BEIJING 2008 – LESSONS LEARNED	VIDEO/PRACTICAL I
SELECT 1 <sup>ST</sup> & 2 <sup>ND</sup> CHOICE				

TRACKS	TECHNICAL I	DEVELOPMENT	HIGH PERFORMANCE	TECHNICAL II
2.00 PM – 2.45 PM	COACH EDUCATION - UKCC	VOLUNTEER DEVELOPMENT	VI JUDO – BEIJING TO LONDON	COMPETITION STRATEGY
SELECT 1 <sup>ST</sup> & 2 <sup>ND</sup> CHOICE				

TRACKS	TECHNICAL I	DEVELOPMENT	HIGH PERFORMANCE	TECHNICAL II
2.45 PM – 3.30 PM	CONTEST RULES	TALENT ID & DEVELOPMENT	WINNING IN JUDO	VIDEO/PRACTICAL II
SELECT 1 <sup>ST</sup> & 2 <sup>ND</sup> CHOICE				

## WORKSHOP SELECTION – SUNDAY 16<sup>TH</sup> NOVEMBER 2008

TRACKS	TECHNICAL I	DEVELOPMENT	HIGH PERFORMANCE	TECHNICAL II
9.45 AM – 10.30 AM	TECHNICAL GRADINGS	TALENT ID & DEVELOPMENT	BEIJING 2008 – LESSONS LEARNED	COMPETITION STRATEGY
SELECT 1 <sup>ST</sup> & 2 <sup>ND</sup> CHOICE				

TRACKS	TECHNICAL I	DEVELOPMENT	HIGH PERFORMANCE	TECHNICAL II
10.30 AM – 11.15 AM	COACH EDUCATION - UKCC	VOLUNTEER DEVELOPMENT	VI JUDO – BEIJING TO LONDON	VIDEO/PRACTICAL I
SELECT 1 <sup>ST</sup> & 2 <sup>ND</sup> CHOICE				

TRACKS	TECHNICAL I	DEVELOPMENT	HIGH PERFORMANCE	TECHNICAL II
11.45 AM – 12.15 PM	CONTEST RULES	CLUB DEVELOPMENT	WINNING IN JUDO	VIDEO/PRACTICAL II
SELECT 1 <sup>ST</sup> & 2 <sup>ND</sup> CHOICE				

**Return with completed application form by post to:**

Nicola Burlingham-Hall, British Judo Association, Suite B, Technology Centre, Epinal Way, Loughborough, LE11 3GE

**Or fax to:**

Nicola Burlingham-Hall, British Judo Association - Fax No: 01509 631680

## APPLICATION FORM – TECHNICAL CONGRESS DINNER

<p style="text-align: center;"><b>BJA ANNUAL CONFERENCE 2008</b></p> <p style="text-align: center;"><b>CONFERENCE DINNER</b></p> <p style="text-align: center;"><b>BURLEIGH COURT, LOUGHBOROUGH, LE11 3TD</b> <b>(www.welcometoimago.com)</b></p> <p style="text-align: center;"><b>SATURDAY 15<sup>th</sup> NOVEMBER 2008</b></p> <p style="text-align: center;"><b>Arrive 7.00pm Drinks Reception</b> <b>Dinner Served At 7.30pm</b></p>
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For those delegates who have chosen '**Option 1**' and will be attending the official Technical Congress Dinner please complete your menu selection form and return **with** your booking form and payment **no later than 26<sup>th</sup> September 2008**.

### STARTER

*(Please tick only one box)*

Cream of Carrot and Coriander Soup **(Vegetarian)**

Creamy Garlic Mushroom Bruschetta

### MAIN COURSE

*(Please tick only one box)*

Roasted Cherry Tomato, Feta Cheese and Coriander Tart served with Watercress Sauce **(Vegetarian)**

Herb Crusted Rack of Lamb with Champ Potato and served with a Port and Rosemary Sauce

### DESSERT

*(Served to all)*

Homemade Treacle Tart with Custard **(Vegetarian)**

<b>NAME :</b>	
<b>BJA LICENCE NO:</b>	

### Return with completed application form by post to:

Nicola Burlingham-Hall, British Judo Association, Suite B, Technology Centre, Epinal Way, Loughborough, LE11 3GE

### Or fax to:

Nicola Burlingham-Hall, British Judo Association - Fax No: 01509 631680