



The full-time centre of excellence brings together, under one roof for the first time, Britain's elite judoka under the direction of GB Head Coach, Patrick Roux (formerly of the French Judo Federation and INSEP), the British Judo coaching team and Performance Directorate, as well as an expert sport science and sports medical staff.

The coaching and support staff at the BJPI have created a performance environment and culture, which is encouraging young development players and elite senior experienced players alike, to accelerate their learning and development in order to improve performance and win medals in milestone events such as the Olympics, Paralympics and World Championships.

staff:

Margaret Hicks	Performance Director
Patrick Roux	Head Coach
Karen Roberts	Performance Operations Manager
Dave Sanders	Paralympic Programme Manager
Jane Bridge	Performance Coach
Tsuyoshi Tsunoda	Performance Coach
Kate Howey	Lead Development Coach
Darren Warner	Development Coach
Aurelien Broussal	Strength and Conditioning Coach
Dr Craig White	Chief Medical Officer
Ben Ashworth	Lead Physiotherapist
Nigel Donohue	Performance Analyst
Anna Palfreyman	Performance Lifestyle Advisor
Adam Carey, Lorraine Cullen	Nutrition Consultants
John Bramall	Programme Logistics Manager (based at Head Office)
Peter Bareford	BJPI Administrator

Paralympic Coach to be appointed.

for more information: **location:**

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 Karen Roberts **Cotton Lane, Stone**
 Performance **Dartford, Kent DA2 6PD**
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BRITISH 
JUDO
PERFORMANCE INSTITUTE
 in partnership with Dartford Judo Club



“It is a great honour to help build the British Judo Performance system. I have observed that Britain has produced some good performances in the past. However, for us to reach our Olympic and Paralympic targets we have to set up a professional environment and staffing structure. The Institute will give the best opportunity for our players to succeed”.

Patrick Roux GB Head Coach



“British Judo is excited about the possibilities of how the Institute can benefit our sport both in terms of our performance in London but also how it can grow and truly benefit the performance aspirations of our young players”.

Densign White
British Judo Chairman



players

The players training at the BJPI are lottery funded and have been selected, following a series of evaluation camps and assessment of medal potential. As part of the relocation and induction to the BJPI, players are encouraged to undertake some part time education or other development as part of their overall programme. Our Performance Lifestyle Advisor works closely with the players to ensure they have the best possible support as they relocate to Dartford.

facilities

The Institute is housed within Dartford Judo Club, a £4.5 million purpose built, state of the art facility. Opened by HRH The Princess Royal in 2006, and built with the support of Dartford Borough Council, Kent County Council and Sport England, it boasts two full-sized mats, space for up to 400 spectators, a gym, seminar and meeting spaces, catering facilities and a social area.

The British Judo Association’s Performance Institute (BJPI) based in Dartford, has been launched to ensure the sport delivers medals in 2012 and to also create a legacy and system for British Judo, which can generate Olympic and Paralympic medals well beyond London.

coaching, sport science and sports medical team

The programme has recruited, in addition to Patrick Roux, the GB Head Coach, Jane Bridge who has a lead role for the senior women, Go Tsonada, a Technical Performance Coach and also two Development Coaches, Kate Howey MBE and Darren Warner. Aurelien Broussal compliments the technical line of the coaching team with the delivery of integrated strength and conditioning expertise. Other specialist support includes performance analysis, nutrition, sports medicine, injury management and rehab.

key partners:

British Judo has worked closely with Dartford Judo Club, Dartford Borough Council and recently Kent County Council to establish the Institute.

British Judo wishes to acknowledge the lottery funding and support from UK Sport and also the ongoing work and support from the British Olympic Association, as we move towards London 2012. The partnership agreement with the English Institute of Sport for some support services, provides an additional resource to enhance the delivery of the programme at the BJPI.