



Memo

To: All Players, Coaches & Parents
From: Trevor Sitlinton
Date: 23/02/2010
Re: England Squad Programme Area Sessions – **March 2010**

Below are the England Area Squad Sessions taking place this month around the country. It is compulsory for All England Squad and England Talent Development Players to attend at least one of these sessions this month.

Should you not be attending your England Area session, please inform the coach or email me direct: trevor.sitlinton@britishjudo.org.uk, stating the training session you are missing and the reason for your non-attendance.

Date	Day	Area	Venue	Time	Coach
3 Mar	Wed	NW	Kendal JC	7:30 – 9pm	Mike Liptrot
9 Mar	Tue	EAST	Happi Dojo	8 – 9:30pm	Dave Southby
10 Mar	Wed	NHC	High Wycombe JC	7pm : Pre Cadets 8pm : Cadets & Juniors	Matt Divall
10 Mar	Wed	Y & H	York RI	7:30 – 9pm	Jamie Johnson
14 Mar	Sun	Y & H	Goole	10am – 4pm	Seth Birch
15 Mar	Mon	South	Tonbridge Judo Club	7 – 8:30pm (Pre-Cadet/Cadet)	Matt Divall
17 Mar	Wed	North East	Lampton Street JC	7:30 – 9pm	Chloe Cowen
18 Mar	Thu	South	Tonbridge Judo Club	8 – 9:30pm	Matt Divall
25 Mar	Thu	London	Redbridge Judo Club	7 – 8:30pm	Matt Divall
29 Mar	Mon	West	Bath Uni.	7:00 – 8:00pm Technique Session 8:00 – 9:30pm Open Randori	Matt Divall
31 Mar	Wed	MID	Walsall Uni	8:00 – 9:30pm	Jamie Johnson

ExCell Weekly Programme

DAY	Area	Venue	Technical	Open Randori	Coach
TUE	NW	Wigan JC	7 – 8pm	8 – 10pm	NW ExCell Coaches
WED	MID	Walsall Uni	7 – 8pm	8 – 10pm	Mid ExCell Coaches

Coaches Contact Numbers

Nigel Donohue : 07791 074883 Matt Divall : 07791 211137 Jamie Johnson : 07929 305766
 Chloe Cowen : 07967 778114 Dave Southby : 07967 781646

Contact : Trevor Sitlinton (England Squad Administrator) : **07875 325364**