

ENGLAND SQUAD

Additional Pre-Cadet Training Session – Saturday 5th June 2010

Dear «Forename»,

It has been decided to run for you our Pre-Cadet Boys & Girls an additional training session

EVENT: ENGLAND PRE-CADET SQUAD TRAINING (Boys & Girls)

PLAYERS TO ATTEND: All Pre-Cadet – Girls/Boys

DATE AND TIME: Saturday June 5th 2010. Registration 9.00am – prompt start at 10-00am - Finish 4.30pm.

VENUE: Croydon Judo Club – The Cedars, 38 Moorland Avenue, Croydon, CR06EA.

CLUB CONTACTS: Alan Rickard – 02086565888 – alan.rickard@yahoo.co.uk

SESSION FEE: £5 Mat fee. No food will be provided

REQUIREMENTS: Judogi, running shoes, running kit, plenty of drinks, healthy snacks, pen and paper, first aid kit, training diary. PLEASE MAKE SURE YOUR JUDO LICENCE IS IN DATE.

ABSENCE: All Squad players receiving this notice are expected to **ATTEND**; you must complete and return the slip below. In the case of injury or illness, absence should be supported to by a Doctor's note. Failure to do so may jeopardise your place on the squad.

If you have any queries, please don't hesitate to contact:
Trevor Sitlinton (England Squad Administrator) 07875325364 –
trevor.sitlinton@britishjudo.org.uk

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Reply Slip

NAME: «**Forename**» «**Surname**»

SIGNED:

I AM **Able/Unable** TO ATTEND THE SESSION AT Croydon JC – Saturday 5th June 2010.

THIS IS BECAUSE:

PLEASE RETURN THIS SLIP TO: TREVOR SITLINTON, BRITISH JUDO ASSOCIATION,
ENGLISH INSTITUTE OF SPORT, COLERIDGE ROAD, SHEFFIELD, S9 5DA