



8 September 2005

BRYANT WINS SILVER ON FIRST DAY OF WORLD CHAMPIONSHIPS

Karina Bryant has won Britain's first medal at the 2005 World Championships taking place in Cairo, Egypt.

Her silver medal, on the opening day of the tournament, marks an amazing year for Bryant, having also become European Champion for the fourth time in May.

On her road to the final, Karina convincingly won all of her fights in the earlier rounds, however in the final, against China's Wen Tong, she was caught on the ground in the first minute with a hold-down for ippon.

Bryant, who is 26 years old and trains at Camberley Judo Club, has now won an outstanding five World Championship medals, three silver and two bronze. She is in action again on Sunday in the Women's Open weight category where she will no doubt be looking to add to that figure.

Colin McIver, Performance Director said, "I am delighted with the silver medal. To open up the tournament with a medal will set the Championships off on a high for the entire team. I expect to see much more positive news from this outstanding athlete in the Open category."

Other action on the first day of the Championships:

Rachel Wilding took 7th in the -78kg weight category.

Peter Cousins, fighting above his usual weight category at -100kg, won his first fight against Franck Moussima of Cameroon but lost against Daniel Hadfi, of Hungary, which took him out of the competition.

Note to Editors

Karina Bryant World Championship Form

1999 (Birmingham, England) - Bronze +78 weight category

2001 (Munich, Germany) - Silver +78 weight category

2003 (Osaka, Japan) - Bronze +78 weight category

2003 (Osaka, Japan) - Silver Open Weight Category

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